

Dermatology Associates of Kingsport
Mohs Micrographic Surgery

2300 W Stone Drive • Kingsport TN 37660
423-246-4961 • 1-800-445-7274 (VA Toll Free)
Fax 423-245-1200

VINEGAR SOAKS

In some situations we use a vinegar solution soak prior to bandage changes. This soak will act as an antibiotic as the vinegar solution is a deterrent to certain bacterial growth.

Recipe:

- 1. Boil one (1) quart of water.**
- 2. Add ½ cup of white vinegar.**
- 3. Let cool until warm.**
- 4. Place vinegar solution in a clean jar which has been washed in a dishwasher.**
- 5. The vinegar solution may be stored in the refrigerator and re-warmed before each use.**

Dressing change once daily:

- 1. Wash area with soap and water.**
- 2. Wet a clean gauze or cotton ball with the vinegar solution and apply to wound for 10 minutes.**
- 3. Clean wound with a Q-tip® and apply the dressing as instructed on the wound care instruction sheet.**